



Bharati Vidyapeeth

(Deemed to be University),
Institute of Management and Entrepreneurship
Development

Erandwane, Pune – 411038

NATIONAL SERVICE SCHEME



ANNUAL REPORT 2020-21

Regular Activities

(**NOVMEBER 2020 – JUNE 2021**)

	ATIVITIES	NAME
1.	NSS Pre-RD Camp 2020	20 th -29 th November 2020
2.	NSS RD Camp 2021	1 st – 31 st January2021
3.	COVID19 Vaccination Awareness	13 th February 2021
4.	Shivaji Maharaj – Elocution Competition	17 th February 2021
5.	Chhatrapati Shivaji Maharaj Jayanti	18 th February 2021
	Road Safety Awareness	
6.	Survey	17 th February 2021
7.	Poster Making Competition	18 th February 2021
8.	Digital skit	19 th February 2021
	Matribhasha Diwas	
9.	Essay and Poetry Competition	21 st February 2021
10.	Inaugural Function	22 nd February 2021
11.	Quiz Competition	23 rd February 2021
12.	Mass Pledge on Covid-19	18 th April 2021
13.	Tree Plantation world environment day	5 th June 2021
14.	Poster competition on covid-19 dos & don't	13 th June 2021
15.	International Yoga Day (Fitness Challenge)	17 th -21 st June 2021

SELECTION PROCEDURE FOR RD PARADE

1st selection – COLLEGE LEVEL

NSS volunteers are selected for participation by their program officers based on the criteria provided.

2nd selection- UNIVERSITY LEVEL

The volunteers selected from there colleges under a particular university. From each college 2 students are selected one girl and one boy, they are further selected based on their parade and cultural skills by Regional Directorate of their zone. I was given a chance to showcase my skills. We had our parade test, cultural selections and at last interview regarding whole background pf NSS and family.



3rd selection- PRE RD CAMP ZONAL LEVEL

Pre RD Camp is organized prior to Republic Day Camp in order to select NSS Volunteers who are best in Parade and cultural activities. There are 5 Pre- RD Camp zones (east, west, north, south & central) organized throughout the country. It happens for 10-15 days. There are 200 NSS volunteers in each zone from where only 40 gets selected for further National Republic Day Parade Camp. I got selected for the 5th rank from whole west zone pre-rd camp 2020 as the chest number mentioned as 167.

Name of State:-Maharastra (Girls)				
Chest No.	Name	Gender	Name of College	Remarks
184	Shettigar Pragathi	F	K.V.Pendharkar College, Dombivli (east)	1st
163	Mane Rajashri	F	Vidya Pratishthan's Kamalnayan Bajaj Institute of Engineering and Technology, Baramati	2nd
166	Kadam Jyotsna	F	K.S.K.W College, Nasik	3rd
164	Chahankar Sayali	F	Women's College of Home Science and BCA, Loni, Ahmednagar	4th
167	NR Mohitha	F	Institute of Management and Entrepreneurship Development, Kothrud, Pune	5th
182	Priya Kanwarpal Yadav	F	Thakur College of Science & Commerce, Kandivali, Mumbai	6th
174	Padvi Priti	F	Arts Commerce and Science College, Navapur, Nandurbar	7th
187	Pawar Mrunal	F	Modern College Of Arts, Science and Commerce, Pune	WL-1
181	Choure Aishwarya Manohar	F	Mrs.K.S.K College, Shivaji Nagar Beed	WL-2
165	Kasar Anjusha	F	Sangamner College, Sangamner	WL-3



Regional Director
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Government of India
Ministry of Youth Affairs & Sports
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4th stage- REPUBLIC DAY PARADE CAMP NATIONAL LEVEL

The NSS R.D.Camp replicates a MINI INDIA to the nation's capital from 1st-31st January every year. It happens for 31 days. The participation in Republic Day Parade on 26th January is considered as a matter of great pride for the student youth. It is also treated as a recognition of the selfless community service rendered by the NSS volunteers throughout the country.



Dr. Sachin Vernekar, Dean FMS BVDU, Director IMED, Pune felicitating Ms.Mohitha NR for selection in Republic Day parade at Delhi, representing Bharati Vidyapeeth Deemed to be University.

WEST ZONE NSS PRE-REPUBLIC DAY PARADE CAMP 2020

In Association with- Anurag University, Hyderabad in Venkatapur Ghatkesar, from 20th- 29th November

The journey was started on 20thNovember 2020 at morning to reach Aurangabad through bus and then through train I reach Hyderabad.



20th November2020: On first day we completed our registration process and then we had our lunch. Rooms and things were allotted by the NSS volunteers of Anurag University. Afterwards the Camp Coordinator Shri Mallesha sir gave a brief idea about wear being of the camp. The Orientation Programme was conducted were the Regional director M. Ramakrishna gave all the details regarding the camp and also how the selection process will begin.





WEST ZONE NSS PRE-REPUBLIC DAY PARADE CAMP – 202: AT ANURAG UNIVERSITY. Venkatapur. Ghatkesar. Hyderabad-500088. Telangana from 20th to 29th November, 2020.

<u>D</u>	AILY SCHE	EDULE
Prabhatpheri/Wake Up		05 30 a.m.
Morning Assembly		06.15 a.m. Tea
Chintan Yoga/ P.T.		06.15 to 07.30 a m
Break Fast		07.30 to 08.30 a m
Parade Practice		08 30 to 10 30 a m
Break		10.30 to 10.45 a.m
Parade Practice		10 45 to 12.00 a.m
Free Time		12 00 to 01 00 p m
Lunch		01.00 to 02.00 p.m
Intellectual Session		02.00 to 03.30 p.m
Tea & Snacks		03.30 to 04.00 p.m
Parade Practice		04.00 to 05.30 p.m
Preparation for Cultural Activities		05.30 to 06.30 p.m
Cultural Programme		06.30 to 08.30 p.m
Dinner		08 30 to 09 30 p.m
Programme Officers/Organisers		
Review Meeting		09.30 to 10.00 p.n

21st November 2020: We had our inauguration ceremony which was done by the dignitaries K.S Rao sir, Camp coordinator Mallesha sir, University Registrar Saida Fatimah Ma'am, State NSS Officer Sumalata Ma'am, CEO Anurag University S Nilema sir, Chief Guest S Ramachandra sir who motivated and guided all the volunteers. We had an academic session by Dr. Maheepathi Srinivas Rao sir who delivered a Lecture on Life skills. Then we had parade session which was headed by ANO. K Anil Kumar sir of Telangana Battalion and his cadets assisted him in teaching parade to the volunteers. We had cultural events where each state was given the opportunity to deliver the performance.



22nd November 2020: There was morning PT and parade sessions followed by online intellectual session which was taken by Dr. S. Shridhar (Scientist at CSIR) on technology intervention for mitigation of Covid-19 followed by evening parade sessions and cultural events.



23rdNovember 2020: We had warm-up & exercise sessions including exercise & Suryanamaskar followed by morning parade sessions. In afternoon, we had an online intellectual session was taken by Dr. C. Veerendar on the Topic mental health in which he guided about various aspects regarding Mental Health. Post session, after a short break next parade practice took place. After that we celebrated Maharashtra Day in which the entire Maharashtra contingent performed various activities like instrumental performance, dance, poetry, singing, street play, folk songs, etc. I was given the duty of managing and handling the music system of the whole event as a member of sound committee member and I was the only girl in whole camp who did it.





24th November 2020: Every morning schedule remains the same. An online intellectual session was taken by Dr. Ravi Akula sir on the Topic leadership in which he guided about various aspects regarding Mental Health along with regular activities. The evening schedule also remains the same.



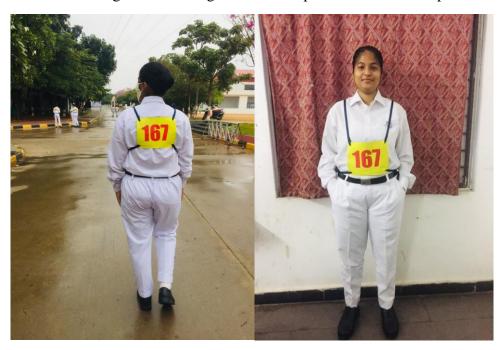
25th **November 2020:** Along with the regular activities, there was an online intellectual session was taken by Dr. M Ramulu sir on the topic national service scheme and its philosophy in which he talked about history of NSS, its need, its logo, and importance. Post interactive session, was taken by camp coordinator Dr. C. Mallesha where he also shared his life journey and motivated volunteers regarding how to overcome hurdles in life.



26th November 2020: There was a marathon run for every NSS volunteers to maintain the physical health aspect of us which was followed by Covid-19 antigen testing of the volunteers. There was an academic session by Dr. Tara Singh sir on the importance of co-curricular activities. At night there were a sudden cultural selections of girls. I performed a maharashtrain folk dance called a kholi dance basically done by fisher family in our state of Maharashtra.



27th November 2020: On this day we had the selection rounds of Maharashtra, Gujarat, Daman and Diu, through parade and interviews. At evening the boys had their cultural selections' was witnessing and observing the selection process which taken place after me.



28th **November 2020:** Today the remaining contingents i.e. Goa, Telangana and Andhra Pradesh completed the selection rounds. Rest we were witnessing the procedure.

29th November: We all got assembled in the APJ Abdul Kalam hall for the commencement of the closing ceremony in which the dignitaries were State NSS Officer Ramesh Shetty sir, the guest of honor Anurag sir, the chief guest was the commissioner of police. Students from each state shared their experiences of the camp and all the POs, Organizers, Committee members and all university volunteers were felicitated. All the NSS volunteers were given

present by the sports director of Anurag University Dr. Tara Singh Thakur sir. All volunteers departed for the journey to their homes according to their schedule. At the end of the camp we all got our camp completion certificate.



NATIONAL NSS REPUBLIC DAY PARADE CAMP 2021, NEW DELHI

In association with GOVERNMENT OF INDIA, MINISTRY OF YOUTH AFFAIRS AND SPORTS at INTERNATIONAL YOUTH HOSTEL, CHANKAYAPURI from $1^{\rm ST}$ - $31^{\rm ST}$ JANUARY 2021

1 January 2021



The first day of the camp started with Deepak Kumar sir our camp director. He briefed us about the schedule and working of the camp. All facilities were at their best. Registration process was done after lunch. Also, we had a meeting with Krishna madam our youth officer and also one of the camp organizer providing us with the guidelines of the camp at the end of the day. Due to heavy rain there were delay in few of the work.



The day started with the distribution of ID cards and the NSS Dairy. Followed by measurements given for the Dress kits to be provided including uniform and blazer. As the daily schedule was not provided yet we started doing drill and cultural practices by our own keeping the importance of time in mind due to heavy rainfall we practiced indoor.

3 January 2021



Jay Jagannath

Ek Bharat Shreshtha Bharat Abhiyan, a programme launched by our honourable PM Shri Narendra Modi on 31st October, 2016 with an objective to promote engagement among the people of states and UT's in the country in order to enhance mutual understanding and bonding between people of diverse cultures thereby securing stronger unity and integrity of India.

Under EBSB Maharashtra state got the opportunity to learn more about the culture of Odisha. We learnt a bit of Odissi, we learnt about their festivals, cuisine, tradition and also their folk dance. We also shared some knowledge of Maharashtrian culture with them. It was a nice opportunity to interact and learn more about their attractive culture. Then we had a meeting with our camp director sir and the organizers regarding the schedule.



Under EBSB we have been instructed to exchange the culture and learn the dance form of the respected pairing state. We got the opportunity to learn the famous folk dance of Odisha state which is called as Sambalpuri Folk dance. The dance has its own energy and attractive dress. In return we taught the Odisha state volunteers the famous Lavani dance of Maharashtra. In evening the selection for cultural was started by our choreographer Vibhavaree ma'am for both boys and girls.

5 January 2021

DAILY SCHEDULE

TIME	ACTIVITY
06.00AM	Wake Up
06.30 - 07.00 AM	Morning Tea
07.00 - 07.45 AM	Roll call, PT, Morning Devotion
07.45 - 08.30 AM	Break Fast
08.30 – 11.30 AM	Parade Practice
11.30 – 11.45 AM	Refreshment
11.45 – 12.30 PM	Personal Time
12.30 - 02.30 PM	Lunch
02.30 - 04.00 PM	Academic Session
04.00 - 04.30 PM	Tea Break
04.30 - 05.30 PM	Parade Practice
05.30 - 06.45 PM	Preparation for Cultural Programme
06.45 - 08.15 PM	Cultural Programme
08.15 - 09.30 PM	Dinner
09.30 - 10.00 PM	Review Meeting of Organisers & POs
10.00 PM	Lights Off

The day started with our activity of introducing ourselves in front of everyone and get to know about other volunteers of different states under the Ek Bharat Shrestha Bharat programme. This will help us in remembering the names of the volunteers. There were cultural selections in the evening including classical, folk dance and many more dance forms followed by our camp director's address regarding schedule delay due to heavy rainfall. I with other volunteers also participated in the auditions.



The day started with briefing of Regional Directorate of Hyderabad Ramakrishna Sir, where he informed all the volunteers about important aspects of parade. After lunch volunteers were taken to Dayal Singh College for Drill Practice. Then the culture auditions started. It was the first day of cultural evening and also the Gujarat state day announced where it included Gujarat, Andhra Pradesh, Haryana, and Uttar Pradesh together all performed their cultural dance. Then we had a briefing about culture performances by Camp Director Deepak Kumar Sir where he guided us to perform better.

7 January 2021



As soon as we completed our breakfast we left for the parade practice morning 8 am till 11 am at Dayal Singh College with Ramakrishna sir. Today we started with our basics and also the selections for the Parade Commander (PC) was started. After lunch we went for our second session of the parade practice 4 pm till 6:30pm at same college. Today was Karnataka day, so we got to see the various different cultural performances by states Karnataka, Madhya Pradesh, Jammu & Kashmir, Odisha and Goa. After the performance, our camp director sir guided us with some important aspects of parade.



The day started with a parade session followed by lunch and our first academic session by CEO of Youth Hostel Association of India Shri. Rupesh Pandey sir on Youth Hostel Movement. Later on we had very amazing and versatile cultural performances on Madhya Pradesh Day by Madhya Pradesh, Himachal Pradesh, Chhattisgarh, Kerala and West Bengal where the chief guest was Shri. D. K. Manavalan sir (retired IAS officer) who was Joint Secretary to the Government of India, Ministry of Human Resource Development (HRD). The day ended with Youth Officer Krishna ma'am and our camp director Deepak Kumar sir's briefing.

9 January 2021



As usual the day started with the parade session followed by the academic session by Dr. Surbhi Singh on the topic Adolescent health. It was a very informative and interactive session. Then we left for our second parade session to Dayal Singh College. Today it was the day of Odisha state where we got to see beautiful cultural performances by Odisha, Chandigarh, Tamil Nadu, Uttarakhand and Maharashtra. The cheif guest for today's cultural evening was Captain Priti Sidharth Singh who is Senior Commander Air India. The performances performed by maharashtra was Jugalbandi, the famous dance of Lavni, the Koli dance and last but not the least the very energetic Jogwa dance. Then we had a photo session with the cheif guest and all the camp officials. I performed kholi dance where me with other 3 volunteers took part.



After the breakfast we left for the morning parade session8am till 11am followed by the academic session 2pm till 3pm by Dr. Dinesh Chhal who is NSS Coordinator of Central University of Haryana on the topic "Responsibilities of youth in Covid-19". In the session sir told us how a youth can contribute in this pandemic. Then we went for our evening parade session 3:30 pm to 6 pm to Dayal Singh College. Today it was the Punjab Day where many cultural performances were performed by Punjab, Tamil Nadu, Assam, Chandigarh, Uttar Pradesh and Bihar. The cheif guest for today's cultural event was the Regional Director of Karnataka Shri. Khadri sir. The day ended with the photo session.

11 January 2021



Today was a very special day for every volunteer as it was the first time we were going to practice on Rajpath. In early morning we left for Rajpath for our parade session. Post breakfast the selctions were started for the cultural event to be held on 16th January in Ambedkar bhavan. For the evening parade session we went to a school nearby. Today was Delhi day and the chief guest for the cultural evening was our camp director Deepak Kumar sir. There were beautiful performances performed by different states including Goa. At the end Deepak sir took the selection for the performances to be performed in Ambedkar bhavan. I performed with the state Rajasthan as they wanted someone to perform with them and I volunteered for it.



The day started with parade session at Rajpath. We witnessed the live session by our honorable Prime Minister Narendra Modi ji on the occasion of National Youth Day. National Youth Day is celebrated on January 12, every year in India to honor the birth anniversary of **Swami Vivekananda**, one of India's greatest leaders and believers of youth power. We then had state wise cultural selections. We went for the evening parade session followed by the cultural programs of the North Eastern states. We were proud to have the Member of Parliament (Manipur) Dr. Rajkumar Ranjan Singh ji as the chief guest for the evening.

13 January 2021



In the early morning we left for Rajpath for our parade session 4 am till 10 am. After breakfast the cultural practice was started as we had to perform in front of the officers. In today's academic session as a resource person we had Adv. Jitendra Singh (Supreme Court of India) who gave us the information on the topic "Fundamental Duties of Citizen of India". Followed by the academic session we left for the evening parade session. In the evening we celebrated the auspicious lohri and after this the practice for the cultural performances were started.



The day started with the parade practice session 4am till 9 am at Rajpath. After we came back from Rajpath, we again went for our second parade session 10am till 12:30 pm to Sarvodaya school ground. In afternoon, the participants of the cultural event to be held in Ambedkar bhavan started with their practice and the one's not participating went to Sarvodaya school ground for the parade practice. As I was the part of cultural I practiced. It was the day of festivals as we celebrated Pongal and Makarsankranti with all the volunteers. It was very good to see every volunteer celebrating the festival with same joy and happiness irrespective of state and culture. Everyone were wearing traditional dress too.

15 January 2021

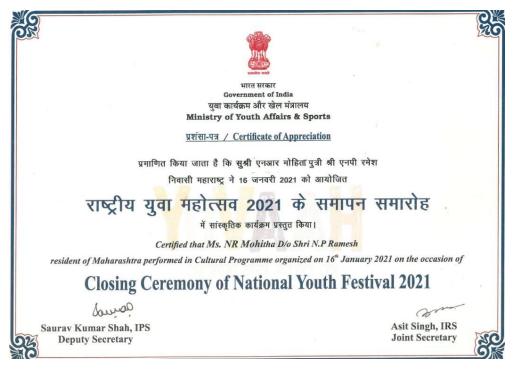


The day started with the regular parade practice at Rajpathat 5:30 am. Post break-fast, the cultural event participants went for their cultural practice & remaining volunteers went for parade practice. Usha sharma ma'am the secretary of youth affairs visited the camp to see the arrangements and the performances to be performed on 16th in the Ambedkar bhavan. After this covid test of all the volunteers was done and everyone's report was negative. Then the cultural participants went to the Ambedkar Bhavan for the final practice session before celebrating the closing ceremony of 24th national youth festival tomorrow. In the evening, the cultural session started and today it was Hydrabad Day. Amazing performances were performed by the Andhra Pradesh, Tamil Nadu, and Telangana Contingent.

16 January 2021 "YUVAAH"







The day was having a busy schedule. Regular parade practice at Rajpath was done from 6:00 am to 8:00 am. Post breakfast the cultural performance team went to the Dr. B.R.Ambedkar international centre for rehearsals of the performances for YUVAAH i.e. closing ceremony of the 24th NATIONAL YOUTH FESTIVAL. Rehearsals were done by all the performers and it continued till afternoon. After the rehearsals all the volunteers headed back to the hostel. Later in the evening, the closing ceremony started at 4:30 pm in the evening at DR. B.R.

AMBEDKAR international centre. All the volunteers were very much excited for the programme. At the start, introduction about YUVAAH, national youth festival was given. YUVAAH is an initiative to empower the youth, celebrated on the occasion of the Birth anniversary of shri SWAMI VIVEKANAND the youth icon of the nation, where the youth of the country is provided a platform to showcase their talent through various competitive activities. The chief guests were Shrimati Smriti Irani ji ma'am (minister of women and child development and Textiles) and Shri. Kiren Rijiju ji sir (Minister of Youth affairs and sports) and the dignitaries were Shrimati Usha sharma ji ma'am (Secretary of youth affairs) and Shri Asit singh ji sir & Siddhartha singh ji sir (Joint Secretary of Youth Affairs & Sports Development). The closing ceremony was indeed full of energetic & mesmerizing performances done by our volunteers, showing the glimpses of the different parts of INDIA. All the dignitaries were overwhelmed with the gracious performances. Later, word of thoughts were given by Shri Kiren Rijiju sir in which he inspired the volunteers by making aware of the various programmes that are conducted and that are going to be conducted in near future. Also Smriti Irani ma'am addressed the volunteers with her inspiring words. The closing ceremony of the 24th Youth festival was a grand success. I was the part of Rajasthan performance. A perfect evening to end with.

17 January 2021



In the morning we left for Rajpath for our parade session and from today it was not going to be the regular parade session as we were going to practice under the Drill Instructors (DIs). Later on we had our selections. NSS contingent were divided into group A and group B as per the performences. In afternoon, the academic session was taken by Dr. Kamal kumar kar sir Regional directorate of NSS New Delhi. He briefed us about the role of NSS volunteers in Disaster management. After the session, group A went for the parade practice at Cariappa parade ground and group B went to the school ground for practice. In today's cultural event

Rajasthan state day was celebrated and the states performing with them were Assam, Uttar Pradesh, Kerala, Delhi and Odisha. In the end Ramakrishna sir instructed us regarding the scheduled and with few disciplinary things.

18 January 2021



In the morning, group Avolunteers went to Rajpath for their parade practice session and group B volunteers went to Sarvodaya school ground. After the lunch all the volunteers including group B went for the afternoon parade session at Carriappa parade ground. Today was West Bengal State day and the performances were performed by West Bengal, Uttarakhand, Andhra Pradesh and Arunachal Pradesh. It was a special moment for Maharashtra as the Darpesh Dingar of Maharashtra who is an Ex- RD aspirant and the Parade Commander (PC) of NSS Contingent in 2019 came to visit the camp. He motivated all the volunteers and shared his experience too.

19 January 2021



Today we had a day off from Rajpath practice session, so we were taken to Cariappa parade ground for the parade session with the drill instructors. Post lunch we had our academic session. In today's academic session there was a workshop on Capacity Building for NSS youth with the members of UNV, AFS INDIA and SAVE THE CHILDREN CAMPAIGN covering some important topics such as

- 1. "Save the children"
- 2. "Are you 21st Century Ready?"
- 3. "Sustainable development goals for Youth"

It was a very informative session with the speakers. Today was the Uttar Pradesh day, so we got the opportunity to get to know the ethnic and beautiful culture and different dance forms of Uttar Pradesh, Telangana, Puducherry, Sikkim and J&K. The Chief Guest for the cultural night was Rupesh Kumar Pandey Sir the CEO of Youth Hostel Movement. The day ended with the instructions by our camp director Dipak Kumar Sir.

20 January 2021



Group A volunteers left for Rajpath in the early morning for their parade practice session and group B went to Sarvodaya school ground. Post lunch both group A and group B volunteers went to Cariappa parade ground for the afternoon parade session. Today the cultural evening was celebrated by Bihar as it was Bihar state day and the states performing with them were Gujarat, Karnataka, Chhattisgarh, and Chandigarh, Assam. The chief guest for today's cultural event was Mr. Arvind Thaki who is Under Secretary, Ministry of HRD. The day ended with the instructions given by our camp director Dipak Kumar sir.



Regular parade practice session done at Rajpath. In afternoon, the academic session was held regarding the "national human rights commission & redressal". The speaker was shri. Sanjeev Sharma sir (analyst at nhrc). Sir very well explained us the various aspects of nhrc. This was followed by cultural evening & today it was Maharashtra day and the states performing cultural performances today were Maharashtra, Bihar, Punjab, Meghalaya, Daman & Diu and Arunachal Pradesh. The chief guest for today's cultural event were Nilesh K. Kedare (Assistant Account Officer at Govt. Of Maharashtra) & Manoj jauhri (National Treasurer, National Youth Hostel Association India). Very energetic and beautiful performances were performed by the respective state volunteers.

22 January 2021



The Day Started with All volunteers departuring for Cariappa Ground by 8:30 am for Parade Practice. Later on we had our academic session by Saurav Kumar Shah Sir who is Deputy Secretary (Youth Affairs). Lecture was on the topic "Young people in a globalising world emergence of new skills and Employment Patterns". Around 4:30 pm all the volunteers had their RT-PCR Covid test. Evening we had Fabulous Culture performances for Kerala state day withMaharashtra, Goa, Jharkhand, Himachal, Rajasthan, Tripura. In Which Maharashtra had 2 performances. A solo dance performance and Jugalbandi. Group Dance was performed

by Goa. Today's Chief Guest was Professor Dr. Bhagirathi Nandan who is Dean Faculty of Sahitya. The day ended with briefing of tomorrow's schedule for group a volunteers.

23 January 2021"FULL DRESS REHERSAL"



Today's day started with a lot of excitement as the day of final rehearsal parade, so Group A volunteers left for Rajpath at 4:30 am. Group B volunteers arrived at Rajpath at 6:00 am. It was a very big day for the NSS contingent and for all the volunteers. Coming to the cultural evening and today was the combine day of Gujarat and Karnataka and the cultural performances were performed by Uttar Pradesh, Gujarat, Karnataka, Jammu & Kashmir, West Bengal and Tripura. The day ended with our camp director Shri. Deepak kumar Sir's briefing about the schedule regarding PM visit.

24 January 2021 "PM HOUSE VISIT"



The day started with parade practice at Cariappa parade ground. Today was not an ordinary day, we all got an opportunity to meet our honourable PM Shri Narendra Modi ji, our honourable defence minister Shri Rajnath Singh ji, our honourable Minister of Youth Affairs and Sports Shri Kiren Rijiju sir, our honourable Minister of Tribal Affairs Shri Arjun Munda ji and our honourable Minister Renuka Singh ji Minister of State of Ministry of Tribal Affairs. Our honourable Prime Minister Sir interacted with our NSS volunteers, NCC cadets and Tableaux. He also appreciated the work done by the NSS volunteers during the covid pandemic and it was indeed the best moment for all the volunteers. Today's experience was really amazing. At evening we had cultural events of MP and Odisha along with AP, Telangana, Kerala, TN, UK and Himachal Pradesh. On the occasion of National Daughters day, we had two very special guests Smt. Vanathi Shrinivasan (President of Mahila Morcha BJP) and Dr. Lata Venkateshwar (Principal of Nursing College all India Institute of Medical Sciences). Both the guest of honours shared their experiences and motivated us. The day ended with Ramakrishna sir's briefing.



It was a big day for everyone as were one step away to live our dream i.e. to march on Rajpath. Group A with full uniform on left for the Cariappa parade ground for the parade practice session. In the afternoon we were instructed to take as much rest as possible. In evening, our respected camp director, camp organizers and all the program officers motivated us and gave best wishes for the republic day parade. After this, distribution of passes was done as to the volunteers to be present on Rajpath to witness the parade.

26 January 2021 "THE 72nd REPUBLIC DAY"



The special day finally arrived "The Republic Day Parade". We reached Rajpath with full enthusiasm and confidence as the moment for which we practiced so hard is here. The parade

started from 9:50 am. It was very overwhelming and a proud moment too as we saluted the honourable President and Prime Minister of India. The NSS contingent marched with full grace and sheer will. After that we went to our hostel and every official appreciated our performance. After this state wise photograph session was started. In today's cultural evening, every state gave some beautiful and energetic performances. The day ended with the instructions by Dipak Kumar sir regarding the lunch to be done at Shri. Kiren Rijiju sir's place who is Minister of Youth Affairs and Sports. The memorable day came to an end.

27 January 2021"Youth Affairs and Sports Minister of India Shri. Kiren Rijiju"



Today was another big day for everyone as today we were invited by our honourable **Youth Affairs and Sports Minister of India Shri. Kiren Rijiju sir** to his place for lunch. It was a memorable moment for us. Sir appreciated and guided us with his words. Then we had a photo session with the honourable dignitaries. After having lunch we left for the hostel. Then in the evening, for today's cultural programme there were different plans as today all the Program Officers had to perform. It was a great evening as some beautiful and energetic performances were performed by the program officers.



In the early morning we got ready and left for Agra, as today we got the opportunity to witness one of the wonders i.e. **TAJ MAHAL.** It was a beautiful experience watching the Taj Mahal from inside. We captured every possible moment to cherish it for the lifetime. It was a magnificent piece of architecture. Taj Mahal is not just a monument, but a symbol of love. We spent our whole day there and in the evening we started our travel back to hostel.





Today it was a very emotional day for each and every individual inlcuding Camp Director, Camp Organizers, Program Officers, Volunteers and everyone who has been an integral part of the National Republic Day Camp. It was the closing ceremony of the camp and the chief guest were Shri. Kamal Kumarkar sir who is the Regional Director of Delhi. Sir in his speech, guided us and wished us to be a better personality in future as the journey was just started. Then we got the certificate of participation in the closing ceremony of 24th National Youth Festival at Ambedkar Bhavan. After the ceremony, our Maharashtra &Goa contingent with PO madam went to visit the NATIONAL POLICE MEMORIAL. After we reached there, we were briefed about the Memorial. It was a great experience knowing about the bravery of our Police Officers. It was a great final day of our camp.

FIT IMED CHALLENGE REPORT

ACTIVITIES UNDER FIT IMED CHALLENGE

S. No.	Name of Activity	<u>Date</u>	No. Of Volunteers
1	Every Day Evening Walk	25 th December, 2020 to	148
		8 th January, 2021	
2	Jumping Jack	28 th December, 2020	45
3	Squats	31 st December, 2020	35
4	Crunches	4 th January, 2021	28
5	Front Alternate Lunges	7 th January, 2021	25

The Fit India Movement is a movement to take the nation on a path of fitness and wellness. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organisations can undertake various efforts for their own health and well-being as well as for the health and well-being of fellow Indians.

Under this movement, the NSS unit of Bharati Vidyapeeth (Deemed to be University), Institute of Management and Entrepreneurship Development conducted a FIT IMED CHALLENGE for the first year students and those interested. This challenge aims to increase the health and living standard of the people. The challenge took place from 25th December, $2020 - 8^{th}$ January, 2021. The total of 148 students participated in this Fit India Challenge.

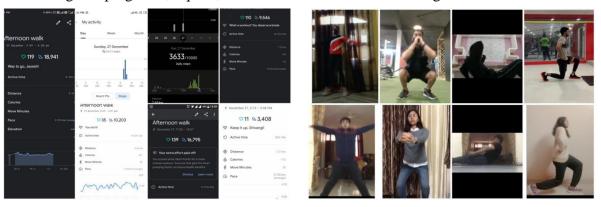
The challenge was divided into two phases:-

Phase 1- 5:00 pm – 7:00 pm

Minimum 30 minutes of walk or jog daily resulting in average of 10,000 footsteps travelled.

Phase 2- 4:00 pm – 5:00 pm (every Monday & Thursday during the challenge)

Performing Jumping Jack, Squats, Crunches & Front Alternate Lunges.



ROAD SAFETY AWARENESS CAMPAIGN

According to WHO, Road Traffic injuries are the sixth leading cause of death in India. As per 2019 report of ministry of road transport and highways, a total of 151,113 people lost their lives in 480,652 road accidents. The increase in the number of Road accidents every year, gives rise to strong need of spreading more awareness regarding road safety.

As every year, Bharati Vidyapeeth (Deemed to be) University, Institute of Management and Entrepreneurship Development, Pune organized Road safety Awareness Campaign on 31st December 2020 under the guidance of Director IMED, Dr. Sachin S. Vernekar and leadership of NSS Programme Officer, Dr. Vijay SS. Phalke along with all the teaching and non-teaching staff of IMED with the motive of spreading more awareness about road safety and wishing people a Happy New Year. For this purpose, about 300 posters were distributed and pasted on autos, buses, societies and schools in Pune. Along with this, chocolates were also distributed to vehicle owners as sweet gesture of wishing them Happy New Year.

In the midst of COVID 19 pandemic, all the precautions were taken and awareness was spread among people to follow all the precautionary measures and take care of them in home as well as on roads. For this, our slogan was "Road Safety Hi, Covid 19 Bye".

The campaign was started from 1:00pm and continued for about an hour. About 100 volunteers and faculties participated in the campaign. It was covered by leading media and news channels. It was also promoted through online mode by posting it on various social media platform and sending personally by volunteers to about 1000 people in different areas of country. The campaign was well organized and coordinated with the help of faculties and NSS volunteers, IMED. The response from the people was overwhelming which resulted in its great success.

Date	Name of the Activity	Volunteers	Posters	Beneficiaries
31 st December 2020	Road Safety Awareness Campaign	100	300	8000



Road Safety Awareness Campaign



Road Safety Awareness Poster

Dr. Patangraoji Kadam 7th Online National Elocution Competition 2021

Name of the Event : Hon'ble Dr. Patangraoji Kadam 7th Online National

Elocution Competition 2021

Date of the Event : Saturday, 9th January 2021

Venue : Online

Inauguration : Hon'ble Dr. Patangraoji Kadam 7th online National

Elocution Competition inaugurated by Dr. Sachin Vernekar Director, IMED and Dean FMS,BVU at

10.15am

Bharati Vidyapeeth (deemed to be) University, Institute of Management and Entrepreneurship Development, Pune organized "Dr.Patangraoji Kadam 7th National Elocution Competition 2021" Saturday, 9th January 2021 in online mode.

Dr. Hemchandra Padalikar welcomed all participants, judges, and parents for competition. He explained rules of the competition and topics of the competition.

Competition was inaugurated by Dr.Sachin Vernekar, Dean FMS, BVU and Director-IMED. In his inaugural speech he motivated the participants for giving their best efforts in this competition. He also thanked parents of the participants for encouraging their wards to become part of this competition. He also elaborated on placement scenario in IMED.

Total 131 participants from 60 colleges participated in Elocution competition. Participants were from Kochi (Kerala), Agra, Delhi, Madhya Pradesh, Mumbai, Ahamednagar, Thane, Satara, Nashik, Karad, Sangli, Solapur, Kadegaon, Aurangabad and Kolhapur. Preliminary rounds were conducted by panel of 18 judges. They have selected 19 participants for the final round. Prof. Dr. B. U. Sankaye Dr. Vivek Rankhambe, Dr. Sharad Joshi and Mr. Jayant Oak judged 19 participants in final round of Elocution Competition.

In valedictory session Prof. Dr. Vivek Rankhambe gave his expert comments on participant's preparation, content and performance. He also commented on judgments of various judges.

The winners of the competition are as follows.

Rank	Name of the Winner	Name of the College
1st	Bisna Chandran	School of Legal Studies, Cochin, Kerla
1st	Bhavika Sharma	Poona College of Pharmacy
2nd	KshitijaPawar	Matoshri Bayabai Kadam, College, Kadegaon
2nd	Apurva Singh	IMED, Pune

3rd	Sanket Patil	BV College of Engg. Kolhapur
3rd	Gayatri Gaydhani	S. P. College, Pune
Consolation	Shreya Varma	Dayalbagh, Ed. Institute Agra

At the last on behalf of organizing team Dr. Pramod Pawar offered vote of thanks to Dr.Sachin Vernekar, Dean FMS, BVU and Director-IMED, Dr. Sharad Joshi, Dr. B. U Sankaye, Mr. Jayant Oak, all internal Judges, faculty members, students and all NSS volunteers.

Anchoring has been done by Ms Zoya with the help Ms. Sonali Khurjekar

Competition Topics were

- Social Transformation through Dynamic Education Dr. Patangraoji Kadam
- 2) World scenario post Covid 19.
- 3) National Educational Policy 2020.
- 4) Cultural transformation in 21st century.
- 5) Era of digitization- pros and cons.
- 6) My thoughts to develop Indian economy.
- 7) Youth and Entrepreneurship
- 8) Indian Constitution Secret of successful democracy.

Judges:

- 1. Prof. Dr. Sharad Joshi
- 2. Mr. Jayant Oak
- 3. Prof. Dr. B. U. Sankaye
- 4. Dr. Vivek Rankhambe
- 5. Dr. Pravin Mane
- 6. Dr. Hema Mirji
- 7. Dr. Deepali Kadam.
- 8. Dr. Hemchandra Padalikar
- 9. Ms. Rajita Dixit
- 10. Dr. Anuradha Yesugade
- 11. Dr. Shruti Vernekar
- 12. Dr. Soniya Sorte
- 13. Dr. Baljeet Kaur
- 14. Dr. Bharati Jadhay

- 15. Dr. Swati Desai
- 16. Mr. Yogesh Gurav
- 17. Dr. Sucheta kanchi
- 18. Ms. Bharati Yelikar
- 19. Dr. Pramod kadam
- 20. Dr. Shyam Shukla

Organizing Team:

- 1) Dr. Hemchandra Padalikar
- 2) Dr. Pramod Pawar
- 3) Dr. Sachin Ayarekar
- 4) Dr. Vijay Phalke
- 5) Pratima Gund
- 6) Ms Sujata Mulik

PARAKRAM DIWAS

No Real Change in History has ever been achieved by Discussion.

Netaji Subhash Chandra Bose

Netaji Subhash Chandra Bose was an Indian Nationalist, iconic freedom fighter and a prominent leader, whose defiant patriotism made him a hero in India. To give an honour and remember his indomitable spirit and selfless service to the nation, every year his Birth Anniversary on 23rd January is celebrated as Parakram Diwas in India.

Bharati Vidyapeeth Deemed to be University, IMED, and Pune celebrated 125th Birth Anniversary of Netaji Subhash Chandra Bose on 23rd January 2021 by giving him tribute and remembering his sacrifice for the independence of our country. On this occasion, Director IMED, Dr. Sachin S. Vernekar addressed the staff members on teachings of Netaji in IMED Seminar Hall. In his address following points were covered:

- His Education
- Achievement as 4th rank in Indian Civil Sevices Exam
- Leaving the job of Civil Services for the cause of working for the Nation, Freedom and Society
- Winning of the elections in National Congress
- Formation of his own army 'Azad Hind Sena': included 1st Lady Army in the History
- His visit to Germany to meet Hitler who realized his intellect and offered 4000 people in his prison for 'Azad Hind Sena', this is how he got support from Japan and USSR for his army.
- Steps towards Globalisation through various alliance
- Initiatives by Netaji Bose that weakened Britishers, resulting in their decision to leave India.
- His Learnings/ Teachings need to be followed by us.

Another Activity conducted by Volunteers was presenting video on the life of Netaji and sacrifices made by him for the country's freedom. It was a 10 minutes video consisting of different small clips. Along with this, a PowerPoint presentation was also prepared and presented by a group of volunteers giving a brief intro about Netaji's Life. This Presentation consisted of all the major struggles and his journey from his childhood till death.

Both the activities were conducted through the online mode. These activities were started at 12pm and continued for about an hour. It was a motivating and inspiring session for the volunteers. The Activity was conducted well with the guidance of Programme officer, Dr. Vijay SS. Phalke, leadership of mentors and participation of volunteers.

Date	Name of the Activity	Volunteers	Beneficiaries
23 rd January 2021	Parakram Diwas	50	55

Organisers				
Mei	Mentors: Ritika Mathur; Monika Singh			
Rajat Kumar	Pallavi	Murari		
Samirah Khan	Nikita	Nidhi		
Prince Yadav	Ayush	Prachi		
Rohit Sanjay Shinde	Amrita	Kshitiz		
Riya Narang				



Director IMED, Dr. Sachin S. Vernekar addressing Staff Members on Parakram Diwas



Volunteers during Webinar on Parakram Diwas

ESSAY COMPETITION

Republic Day is celebrated every year on January 26 in India, since 1950 to commemorate the Indian Constitution replacing the Government of India Act (1935) as the governing document of India. As we celebrate our 72nd Republic Day today, let us know why the day is celebrated, its significance, and importance.

NSS Unit of IMED, Bharati Vidyapeeth (Deemed to be) University has organized an "Essay competition" in which activities has been performed by volunteers for selection. This activity has been conducted on 26 January 2021.

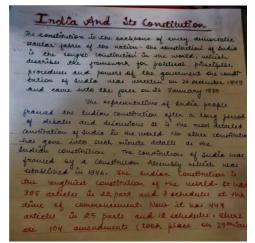
The activity has been organised by Saurabh Prakash with the help of assigned membares including under guidance of Dr Vijay Phalke sir in online mode due to COVID-19 pandemic situation.

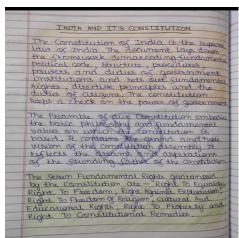
This activity includes essay competition which is submitted in digital format.

The winners are selected by Dr.vijay phalke sir and winners will get the digital certificate The organisers were

Saurabh	Saurabh Pooja Rai	
Ritu Choudhary	Bhagya Garg	Rishabh Raj
Mayank patidar	vank patidar Divyansh	
Harshita sehgal	Apoorva Singh	Priyanshi Singh
Khushboo Rathi	Shrey Luthra	

Date	Name of the Activity	Volunteers	Participants
26th January 2021	Essay competition	14	16





SOCIETY CLEANLINESS

Swachh Bharat Mission (SBM), Swachh Bharat Abhiyan, or Clean India Mission is a country-wide campaign initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management. Phase 1 of the mission lasted till October 2019. Phase 2 will be implemented in 2020–21

One of the volunteer of our NSS unit initiated swachh bharat in their society by cleaning the surrounding and to give instructions to my neighbors to make our society clean

On the occasion of Republic day we decided to take the pledge and make our society clean.

The activity has been organised by Saurabh Prakash with the help of friends and neighbors under guidance of Dr Vijay Phalke sir.





Members-

Anshu, Riya, Shivraj, Abhisheak, Vanshaj, Abhinav

Society name-Jeevan Shree Enclave

Place-Patna

POLIO IMMUNIZATION AWARENESS

Polio is a viral infection that can cause paralysis and death in its most severe forms. It can spread easily from person to person. Humans have observed the effects of polio for hundreds of years and the main way of its prevention is polio vaccination.

The NSS Unit of Bharati Vidyapeeth (Deemed to be) University, IMED, Pune organized an essay writing competition to spread awareness among children about Polio and its prevention on 31st January 2021. The activity was conducted in Vardhman Society, Katraj, and Pune where the participants were from below 16 age group. About 25 children participated in the competition. The topic of the competition was Polio vaccination. The participants prepared themselves through various sources like different books and internet.

The objective to conduct this activity was to make our young generation aware about Polio Vaccination and embrace their writing skills. The activity was started at 6pm and participants were given one hour. Every participant gave their best. The essays were evaluated by NSS P.O. Dr. Vijay SS Phalke and Prof. Vaishali Phalke.

The winners of the competition were: 1^{st} – Swaraj Rade 2^{nd} – Laxmi

The winners were announced the next day and were awarded with pen. The response from the participants and their parents was overwhelming. The activity was organized and managed well and was a great success.







POSTER MAKING COMPETITION

The NSS Unit of Bharati Vidyapeeth (Deemed to be) University, IMED, Pune organized poster making competition on 12th February 2021. The theme for the competition was Historical places of India. The activity was conducted in Vardhman Society, Katraj, and Pune. The participants were divided into two groups as per their age. The competition was started at 6pm and went for about 1.5 Hour. About 30 children from different age groups participated in the competition.

The objective to conduct this activity was to embrace our Indian history and encourage the talent of our young generation. Participants drew different historical places of India like Red fort, India gate, Taj mahal, Shivaji Maharaj etc. and gave their best. The posters were evaluated by Dr. Kuldeep Rade (Chairman, Vardhman Society) and Prof. Vaishali Phalke.

The winners of the competition were:

Small Age Goup		High Age Group	
Winners Name	Position	Winners Name	Position
Pari Mandwalkar	I	Tanmayi	I
Swarali Sonawade	II	Swaraj Patil	II
Akshara Pawar	III	Swarali Kadam	III

The results were announced on Shivaji Jayanti i.e. 17th February 2021 and were awarded with cash prizes and momentos sponsored by Mr. Pratap Murtadak (Secretary, Vardhman Society). The response from the participants and their parents was overwhelming. The activity was organized and managed well and was a great success.



COVID-19 VACCINATION AWARENESS

India has started administering two vaccines against the novel coronavirus. Covaxin and Covishield, developed by Bharat Biotech and Serum Institute of India, respectively, were rolled out on January 16, 2021 by Prime Minister Narendra Modi. India has granted the makers approval for restricted use of their vaccines in an emergency situation.

Bharatividyapeeth deemed to be university, IMED, Pune organised **covidvaccination awareness** activity.

In which all the volunteers were required to share the covid Vaccination posters to as much

people as much they can.

Posters were shared on WhatsApp status, WhatsApp groups/ contacts, Instagram with NSS page

of IMED and Facebook.

After which volunteers were required to tell the countof people whom they shared the posters

with.

Total count- 14247 which was a huge success for the activity.

The activity was started at 10:30am and continued till 7:00pm in the evening, after which

volunteers started sharing total count. The activity was conducted well with guidance of Program

officer Dr. VijaySS Phalke and participation of volunteers.

DATE-13/2/2021

NAME OF ACTIVITY-Covid Vaccination Awareness

VOLUNTEERS- 102

ORGANISER- Mentor- Monika Singh

Team- Prachi, Amrita, Kshitiz, Nishant, Murari, Aakash, Pallavi, Nikita, Nidhi and Ayush.





Posters distributed and posted on social media platforms

ELOCUTION COMPETITION

The NSS Unit of Bharati Vidyapeeth (Deemed to be) University, IMED, Pune organized Elocution competition on 17th February 2021. The activity was organized on the occasion of Chattrpati Shivaji Maharaj Jayanti for which the topic was based on the Legend of Indian History, Shivaji Maharaj. The competition was organised in Vardhman Society, Katraj, and Pune. The participants were divided into two groups as per their age. The competition was started at 6pm and went for about an hour. About 22 children from different age groups participated in the competition.

The competition was started with the welcome and inauguration by Mr. Pratap Murtadak (Secretary, Vardhman Society). The anchoring was done by our Programme Officer, Dr. Vijay SS. Phalke. The objective to conduct this activity was to celebrate Shivaji Maharaj Jayanti and encourage the talent of our young generation. Each Participant spoke well and gave their best. The judge for the event was Prof. Rupesh Pawar (Vice Principal, Fine Arts College).

The winners of the competition were:

Small A	ge Goup	High Ag	ge Group
Winners Name	Position	Winners Name	Position
Akshara Pawar	I	Swarali Kadam	I
Shalok Kadam	II	Trisha Patil	II
Shashi	III	Swaraj Rade	III
		Pranav Bhanwalkar	IV
		Urvi Pore	V

The results were announced on the same day and winners were awarded with cash prizes and momentos sponsored by Mr. Pratap Murtadak (Secretary, Vardhman Society) in the presence of the parents of the participants and organisers.

At the end, the vote of thanks was delivered by Dr. Sadashiv Patil. The overall management was taken care by Dr. Kundeep Rade (Chairman, Vardhman Society). After the competition, cleanliness drive was conducted at Vardhman Society, Pune by the participants.

The response from the participants and their parents was overwhelming. The activity was organized and managed well and was a great success.





Participants during Elocution Competition

ROAD SAFETY AWARENESS

The NSS team of Bharati Vidyapeeth (Deemed to Be University), Institute of Management and Entrepreneurship Development (Pune), organized an activity on "Road Safety Awareness" on 17th February 2021 to 19th February 2021. Almost every students took part in this awareness activity. The activity was guided under Dr. Vijay SS Phalke.

The motive of this activity was to create Road safety because crashes are one of the world's largest public health and injury problems. The problem is all the more acute because the victims are overwhelmingly healthy before their crashes. According to the World Health Organization (WHO), more than 1 million people are killed on the roads each year. So we had few activity including a survey through google form where more than 100 people were registered, a poster making activity to spread vital information and at the end a small skit on how the negligence leads to a problem.



"Be alive and live tomorrow"

Mass pledge covid-19 awareness

NSS Unit has organized an activity "Mass Pledge by NSS Volunteer for Covid 19 Awareness on 18th, April 2021. As India eases restriction, it seems some people has forgotten there ever was a pandemic. Weddings and leisure activities are almost back in full- swing, while religious centers are turning into potential hotspot.

The negligence towards COVID 19 appropriate behavior is the main reason behind it. It is important to ascertain that COVID 19 appropriate behavior is followed even after the vaccine is available. Due to this pandemic volunteer were not able to go outside, thus we decided to conduct a MASS PLEDGE: -

"I (Name) Commit to be vigilant and bear in mind at all times, the risk to myself and my colleague from COVID-19. I promise to take all necessary precautions that prevent the spread of this deadly virus. I promise to follow and encourage others to follow the key COVID Appropriate Behaviors. To always wear a mask, especially when in public places. To maintain a minimum distance of 6 feet from others. To wash my hands, frequently and thoroughly with soap and water. Together we will win this fight against COVID-19"

We had also prepared a skit on COVID 19 Awareness Video. In that video we have mention: -

- 1. What actually is COVID 19
- 2. When the lockdown in India was imposed.
- 3. What is the current scenario of Covid 19?
- 4. In India how we can stay safe at our homes.
- 5. How we can control the effect of this COVID 19 virus.
- 6. COVID 19 Symptoms.
- 7. Strong Measures that everyone should keep in mind.
- 8. Patterns of wearing mask, the importance of social distancing and the importance of staying at home and not meeting anybody.

Name of volunteers who had contributed in the skit: -

- 1. Ankita Khaire
- 2. Siddharth Shah
- 3. Rishabh Raj
- 4. Samirah Khan
- 5. Rajat Kumar
- 6. Ashay Jain
- 7. Bhagya Garg
- 8. Alok Poddar
- 9. Mithilesh Choudhari
- 10. Mrunal Mahajan
- 11. Naman Mishra
- 12. Muskan Khandelwal.

- 1. Fenil Mehta
- 2. Mithilesh Choudhari
- 3. Pooja Rai
- 4. Samridhee Suman
- 5. Rahul Yadav
- 6. Rohit Kumar
- 7. Ankit Shekhar
- 8. Yash Sukhwani
- 9. Atharva Sable
- 10. Tavishi Saxena
- 11. Chetan Ralhan
- 12. Muskan Khandelwal
- 13. Kriti Kapoor
- 14. Rishabh Raj
- 15. Ayush Kumar Yadav
- 16. Rajnandini Mishra
- 17. Naman Mishra
- 18. Mrunal Mahajan
- 19. Riya Narang
- 20. Shrey Luthra
- 21. Athrav Pandey
- 22. Pallavi Gupta
- 23. Nidhi
- 24. Bhagya Garg
- 25. Ridhee Shrivastava
- 26. Amrita
- 27. Harshita Sehgal
- 28. Kshitiz Gunjan
- 29. Gauri
- 30. Ashwani Gupta
- 31. 31. NR Mohitha

We had also issued a participation certificate for Mass Pledge. The time and Efforts invested by the volunteers were commendable.

"POSTER COMPETITION 2021"

The NSS team of Bharati Vidyapeeth (Deemed to Be University), Institute of Management and Entrepreneurship Development (Pune), organized a "Live Poster Competition" from 11 am till 12:20pm on 13th June 2021. Students were given the theme Do's and Don'ts at Covid-19". The activity was conducted under the

guidance of our NSS Program officer Dr. Vijay SS Phalke and the judge of the event Dr. Shweta Joglekar. This activity was organised by mentor NR Mohitha(BBA II) along with her team of volunteers Ashwani Gupta(BBA II), Chetan Ralhan(BBA I), Ditya(BBA I) and Fenil Mehta(BBA I).

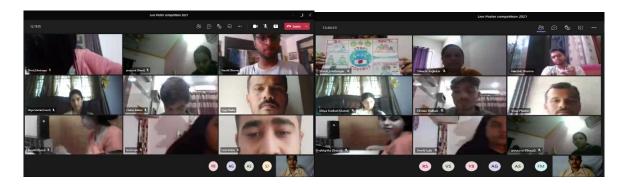
The motive of the event was to make aware about what is the vital information people must know and to make them understand why restrictions are a necessity. The event took place on Microsoft teams. They were asked to prepare posters based on 5 given topics for competition (Both UG & PG)

- Do's & don'ts while wearing mask
- Do's & don'ts regarding what to eat & what to avoid in this pandemic.
- Do's & don'ts after & before Getting Vaccinated by
- Do's & don'ts regarding Health care
- Do's & don'ts during Lockdown days
- Behaviour at home during covid.

They were given 60 minutes time to showcase their understanding Originality, presentation, time management, and innovative thinking. The award for participants will be participation certificates. The top 2 positioned participants from each category UG & PG will be given trophy and certificate. In the end the event was concluded with the warm wishes by Dr. Vijay SS Phalke and Dr. Shweta Joglekar for the event.

Results:

Position	Name	Course	Category
1	Apoorva Singh	BBA	UG
2	Smriti Lala	BBA	UG
1	Aditi Gupta	MBA	PG
2	Shruti Bhatnagar	MBA	PG



PARTICIPANTS PRESENTING THEIR IDEAS AND A CAPTURED MOMENT OF THE BEST ENTREPRENEUR EVENT.



Competition poster

INTERNATIONAL YOGA DAY

"BE WITH YOGA, BE AT HOME".

Bharati Vidyapeeth (Deemed to be University) IMED ,PUNE organized a **5 DAYS FITNESS CHALLENGE** from 17th June to 21^{set} June on the occasion of INTERNATIONAL YOGA DAY, The first International Day of Yoga was observed around the world on June 21, 2015. Yoga not only provides physical and mental relaxation but also develops strength and resilience. The numerous benefits of Yoga make it a popular practice for people across the globe, especially in times of a pandemic when mental and physical health is under stress.

The challenge included a Family Interaction Activity, Workout session, Yoga poses, Covid awareness, Guest session on the occasion of International Yoga day. Participation was exceptionally well. Volunteers participated actively. Because of covid-19 situation this activity was also conducted in a virtual mode. Live yoga session was conducted by Yogacharya Dr. Amol Patil where he told us about different yoga poses and there importance in everyday life. 101+ volunteers and 35 faculty members joined the session including our Director Dr. Sachin s. Vernekar, who inaugurated session with his words of wisdom and motivated participants with his active participation.

The registration for the activity was done through google form. All the volunteers actively participated in the event and we received active participation of the volunteers throughout the 5 days. The activity was guided by our NSS Programme officer Dr. Vijay SS. Phalke.

Pictures of the volunteers doing activities were uploaded on IMED NSS Instagram handle.

All the participants who actively participated in the competition were given certificate

After all this we can definitely say that the activity was a successful one. The activity very well coordinated and managed by Mr. Ashish, Ms. Sakshee, and Mr.Padam. Ms.Ritu.

Some of the pictures of volunteers doing activities:-

